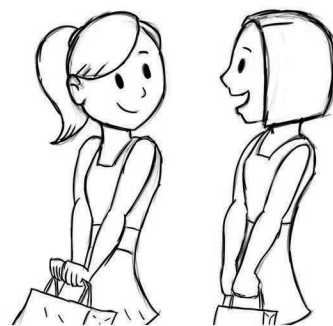


WellCast

MAINTAINING FRIENDSHIPS



DATE _____

Use these four suggestions to help foster your friendship, even in difficult situations!

1 Communicate

Remember to SEE, PHONE, E-MAIL. Give it a shot!

2 send YOU greetings

Write a greeting you can use to break the ice!

3 Don't be HARD on friend

Forget the differences! What were some of your shared experiences:

4 Take ADVANTAGE of BIG EVENTS

Is there an upcoming birthday or reunion to go to?

If there isn't, why not throw a party!